

Code: 5b,,Sport and Social Adaptation - part 1”

ECTScredits: 1	Number of hours per week: 2+0+0
Forms of assessments:Pass / Failed	Types of assessment: Pass / Failed - test/quiz
Department, providinginstruction on the discipline: Department: <i>PHYSICAL EDUCATION AND SPORTS</i> <i>FACULTY OF ELECTRICAL ENGINEERING</i>	

Lecturer: Ass.Prof. M.Doncheva

Department: *PHYSICAL EDUCATION AND SPORTS*

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Annotation: The education program on Sport and Social Adaptation Part 1 lays in education plan for Bachelor degree of all subjects. The program is intended for students who are obliged to select in 1-st year of education due to physical deceases and health problems. The lectures material is in two semesters and covers topics of basics of sport as a factor of good psychical and physical health and its influence to effective social adaptation.

Main issues of the syllabus content:

- Sport
- Social Adaptation
- The place of sport for an effective social adaptation.

Content presentation:

Lectures.